

HELP FOR TALKING WITH PARENTS



Friendship Hill Retirement Center has created this resource for children to use when talking with parents about making the move to an independent living community like ours. If they answer “yes” to these questions, some recommended responses might help.

Q: Are you having a hard time keeping up with yard work?

A: At Friendship Hill Retirement Center, you don't have to take care of any of the yard work. They handle everything. The community even has a garden that some residents enjoy tending to.

Q: Is it hard to keep up with home maintenance (like plumbing issues, heating/cooling problems, roof repairs, etc.)?

A: At Friendship Hill, they take care of all the maintenance for the community. So, whether it's too hot, too cold, or leaking (among other things), Friendship Hill will take care of it for you.

Q: Is keeping up the house costing too much?

A: Let's look at Friendship Hill's Living Expense Calculator (friendshiphillretirement.com/living-expenses-calculator) to compare your current home costs with the cost of living at Friendship Hill.

Q: Are you tired of chores (like laundry and cleaning)?

A: Friendship Hill will handle your laundry and housekeeping. So you have time to enjoy your retirement!

Q: Are you tired of cooking?

A: Friendship Hill takes care of preparing your meals, so you don't have to! All of the apartments have a refrigerator and microwave for you to use.

Q: Do you feel safe living at home?

A: If safety is an issue, a retirement community like Friendship Hill might be exactly what you need. Friendship Hill lets you keep your independence and privacy while you live in a safe community.

Q: Are you lonely?

A: Friendship Hill might be the perfect solution. Each resident has a private apartment, and friends and entertainment are readily available in the common rooms when you're feeling social. This is perfect for those weary winter months when you might not want to travel to visit friends. In spring, summer, and fall, the community has 32 acres of beautiful land to enjoy including a lovely terrace, gazebo, garden, and stocked pond.

COMMON CONCERNS

Below are some concerns your parents may have about Friendship Hill Retirement Center. We've provided a brief answer for each concern, and we highly recommend you check out friendshiphillretirement.com or schedule a tour of our wonderful community inside and out.

CONCERN: Friendship Hill is a nursing home.

FACT: Friendship Hill Retirement Center is not a nursing home, assisted living facility, or memory center. The residents enjoy their independence while we take care of cooking, cleaning, and laundry. The community doesn't have nurses on staff, and residents are welcome to come and go as they please.

CONCERN: I won't be able to have my car at Friendship Hill.

FACT: You can bring your car to Friendship Hill and enjoy free parking. If you have a golf cart, bring it along too! Friendship Hill also has a van the residents can take to appointments and other outings by special arrangement.

CONCERN: I don't want to lose my freedom or privacy.

FACT: Friendship Hill is an independent senior living community. Everyone has their own apartment, and you are free to do what you want with your time: errands, visiting friends, doctor appointments, etc. If you don't bring your car, Friendship Hill has a van that makes stops by special arrangement.

CONCERN: An apartment is too small for me.

FACT: Friendship Hill has apartments ranging from approximately 192 sq. ft. to 1000 sq. ft. They also offer extra storage on site.

CONCERN: I want to keep my furniture.

FACT: Friendship Hill lets you choose from furnished and unfurnished apartments.

CONCERN: I don't know if I'll like Friendship Hill.

FACT: Friendship Hill offers trial stays! You can stay for a weekend or a week to see if it's for you. Get a taste of the good life and their amazing home-cooked meals! Or go to the \$5 Senior Luncheon on the third Tuesday of the month. Once you try it out and meet the community, you could decide you love it.

TIPS

- Discuss your concerns with family and friends. Bounce thoughts and ideas off of them.
- Ask a family member, friend, or pastor to talk with your parent.
- If you meet resistance, table the conversation and revisit another day. Don't get into an argument.
- Encourage your parents to come out for our \$5 Senior Luncheon every third Tuesday of the month. They can meet the residents, get a tour, and enjoy a delicious lunch!
- Consider a trial stay if they are on the fence about Friendship Hill. They can come out for a weekend or a week to see what it is like.

To learn more about Friendship Hill or schedule a tour, visit friendshiphillretirement.com or call **217-677-2121**.

